Opening School Facilities

OSF impact 2023-24

Energize
Active Partnership
Shropshire, Telford & Wrekin

Supporting staff wellbeing

What was delivered?

Longlands Primary School offer free multi-sport activity sessions after school for all staff. Organised by the school's PE lead, each session is different, allowing staff to try new activities and sports in a fun, non-competitive, inclusive and supportive environment. Each session is finished with refreshments, cake and an opportunity to socialise and connect.

The impact

"I've learned lots of new ideas I want to try in my lessons with the children"

"It's given me confidence to try different things"

"It's helped us get new ideas - like informal CPD!"

"It strengthens our relationships as friends and work colleagues"

"It's easier because it's at school"

"Can we do this again next week?"

The rationale

The headteacher explained that as a school, they wanted staff to understand that their wellbeing is a priority. To support this, one staff meeting per month has been dedicated to staff wellbeing, allowing teachers to choose how they want to spend that time. Staff are encouraged to participate in the free activity sessions and feedback has shown that they really value the opportunity to get to connect as friends rather than just work colleagues. Lisa Millington, headteacher explained "It's helped with team building and staff morale. It has also supported integrating new members of staff, and our nursery staff who previously felt more isolated."







PLACE BASED APPROACH

POSITIVE IMPACT ON SCHOOLS

BUILDING SUSTAINABILITY

COLLABORATION & CO-DESIGN

PHYSICAL LITERACY

LOCAL INSIGHT

YOUTH VOICE

TACKLING INEQUALITIES

CPD

MONITORING & EVALUATION