

NURSERY PE LEARNING JOURNEY



Destination
EYFS



Ball Skills (Hands 1)
Emma Holding (PE Coach)



Athletics
Teacher led PE



Dance to School

Dance to School (The Circus)
Teacher Led



Learning Through Play
Emma Holding (PE Coach)

Summer Term



Additional challenge added to outside activities via specific tasks e.g., den building.

Dance to School (Toys)
Emma Holding (PE Coach)



Dance to School



Teacher Led

Gymnastics (Moving)
Emma Holding (PE Coach)



Spring Term

Dance to School

Locomotion: walking
Emma Holding (PE Coach)



Dance to School (Nursery Rhymes)
Emma Holding (PE Coach)



Autumn Term

Teacher Led



Dough Disco intervention introduced for those with delayed fine motor skills.



FIR (EYFS) PE LEARNING JOURNEY



Assessments:
Fir pupils will be tested a minimum of 10 times during their time in EYFS. The assessments include balance, coordination & agility.

Destination
Year 1



Dance to School: Transport
Teacher led PE



Ball Skills: Rackets, Bats and Balls
Emma Holding (PE Coach)



Summer
Term



Locomotion: Jumping
Teacher led PE



Balance Bikes
Emma Holding (PE Coach)



Complete P.E.
INSPIRE LEARN SUCCEED

Dance to School: Seasons
Teacher led PE



Gymnastics (High, Low, Over, Under)
Emma Holding (PE Coach)



Learning Through Play
Teacher led PE

Spring
Term

Dance to School: Jungle
Emma Holding (PE Coach)



Cool Kids Sensory Programme



Autumn
Term

Ball Skills (Feet)
Emma Holding (PE Coach)



Ball Skills (Hands 2)
Teacher led PE

Dough Disco intervention introduced for those with delayed fine motor skills.



WILLOW (YEAR 1) PE LEARNING JOURNEY



Games for Understanding
Teacher Led

KS1 Competitions:

Football
Dodgeball
Basketball
Dance

Cricket
Hockey
Athletics
Gymnastics

Assessments:

Willow pupils will be tested a minimum of 10 times during their time in Year 1. The assessments include balance, coordination & agility.

Destination
Year 2



Attack and Defense: Games for Understanding
Emma Holding (PE Coach)

Dance to School: Minibeasts
Teacher Led: Mrs Lloyd

Ball Skills (Hands 2)
Emma Holding (PE Coach)



Ball Skills (Hands 1)
Teacher Led

Ball Skills: Rackets, Bats and Balls
Emma Holding (PE Coach)

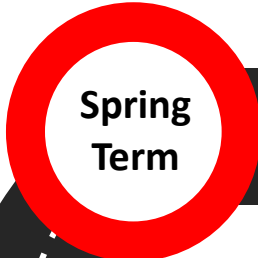


Dance to School



Dance to School: Pirates
Teacher Led

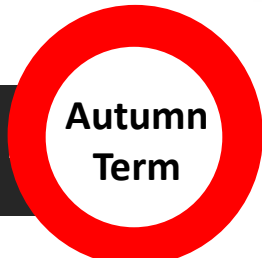
Gymnastics (Body Parts/Wide, Narrow and Curled)
Emma Holding (PE Coach)



Locomotion: jumping & running
Emma Holding (PE Coach)



Team Building
Teacher led PE



Health & Wellbeing
Teacher led PE



Ball Skills (Feet)
Emma Holding (PE Coach)



MAPLE (YEAR 2) PE LEARNING JOURNEY



Dance to School: Animals
Teacher Led

KS1 Competitions:

- Football
- Dodgeball
- Basketball
- Dance

- Cricket
- Hockey
- Athletics
- Gymnastics

Assessments:

Maple pupils will be tested a minimum of 10 times during their time in Year 2. The assessments include balance, coordination & agility.

Destination
Year 3



Ball Skills (Hands 1 & 2)
Emma Holding (PE Coach)



Attack and Defense: Games for Understanding
Emma Holding (PE Coach)



Chance to Shine Cricket
Striking & Fielding
Teacher Led



Summer
Term



Swimming
Teacher led PE



Ball Skills: Rackets, Bats and Balls
Emma Holding (PE Coach)



Swimming
Teacher led PE

Gymnastics (Linking & Pathways)
Emma Holding (PE Coach)



Spring
Term



Dance to School: Fire of London
Teacher Led



Team Building / Health & Wellbeing
Teacher led PE



Autumn
Term



Locomotion: Dodging & Jumping
Emma Holding (PE Coach)



Ball Skills: Feet
Emma Holding (PE Coach)



ROWAN (YEAR 3) PE LEARNING JOURNEY



Athletics
Emma Holding (PE Coach)

Y3 Competitions:

Football
Dodgeball
Cross Country

Tennis
Gymnastics
Dance

Assessments:

Rowan pupils will be tested a minimum of 10 times during their time in Year 4. The assessments include balance, coordination & agility.

Destination

Year 4



Swimming
Teacher Led PE



Chance to Shine Cricket
Striking & Fielding
Teacher Led



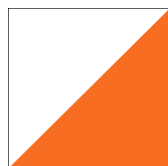
Swimming
Teacher Led PE



Golf: Striking
Emma Holding (PE Coach)

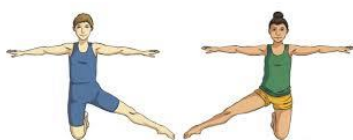


Summer Term



OAA (Communication & Tactics)
Teacher led PE

Tennis (Net & Wall)
Emma Holding (PE Coach)



Gymnastics (Symmetry & Asymmetry)
Emma Holding (PE Coach)

Read the Game (Football)
Coach Neal



Spring Term

Dance to School: Around the World
Teacher Led



Hockey (Games – Invasion)
Teacher Led PE



Autumn Term

Dodgeball (Games - Invasion)
Emma Holding (PE Coach)



Basketball (Games - Invasion)
Emma Holding (PE Coach)

ELM (YEAR 4) PE LEARNING JOURNEY



Athletics

Emma Holding (PE Coach)

Y4 Competitions:

Football
Dodgeball
Cricket
Hockey

Tennis
Gymnastics
Dance
Basketball

Assessments:

Elm pupils will be tested a minimum of 10 times during their time in Year 4. The assessments include balance, coordination & agility.

Destination
Year 5



Swimming
Teacher Led PE



Football (Games – Invasion)
Emma Holding (PE Coach)

Chance to Shine Cricket
Striking & Fielding
Teacher Led

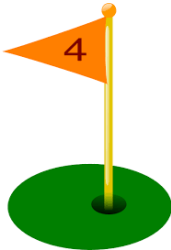


Swimming
Teacher Led PE



Summer Term

Golf: Striking
Teacher Led PE



Tennis (Net & Wall)
Emma Holding (PE Coach)



Spring Term



Gymnastics (Bridges)
Emma Holding (PE Coach)



OAA (Problem Solving)
Teacher led PE

Dance to School (Egyptians)
Teacher Led PE



Hockey (Games – Invasion)
Teacher Led PE



Autumn Term

Tag-rugby (Games - Invasion)
Emma Holding (PE Coach)



Netball (Games - Invasion)
Emma Holding (PE Coach)

BEECH (YEAR 5) PE LEARNING JOURNEY



Rounders
(Striking & Fielding)
Teacher Led



Y5 Competitions:

- Football
- Dodgeball
- Swimming
- Table Tennis
- Hockey
- Netball
- Cricket

- Tennis
- Gymnastics
- Dance
- Volleyball
- Fives
- Rounders
- Basketball**

Assessments:

Beech pupils will be tested a minimum of 10 times during their time in Year 6. The assessments include balance, coordination & agility.

Destination
Year 6



Football (Games – Invasion)
Emma Holding (PE Coach)



Chance to Shine Cricket
Striking & Fielding
Teacher Led



Athletics
Emma Holding (PE Coach)



Summer Term

Dance to School: World War 2
Teacher Led



Dance to School



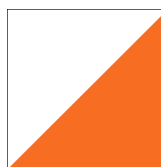
Tennis (Net & Wall)
Emma Holding (PE Coach)

SCHOOL GAMES

SCHOOL GAMES PLATINUM
2021/22 - 2022/23



Gymnastics (Counterbalance & Counter Tension)
Emma Holding (PE Coach)



OAA (Orienteering)
Teacher Led PE

Spring Term



Dodgeball (Games - Invasion)
Emma Holding (PE Coach)



Swimming
Teacher Led PE

Sports Leaders

Autumn Term

Swimming
Teacher Led PE



Basketball (Games - Invasion)
Emma Holding (PE Coach)

OAK (YEAR 6) PE LEARNING JOURNEY



Destination
Year 7



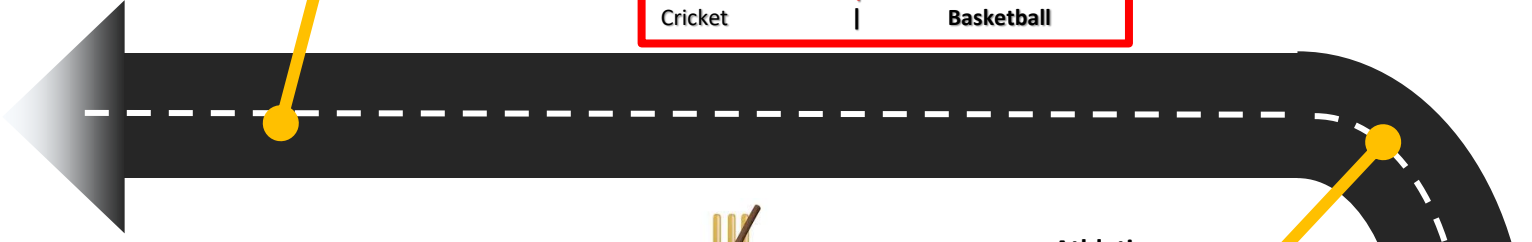
Y6 Competitions:

Football
Dodgeball
Swimming
Table Tennis
Hockey
Netball
Cricket

Tennis
Gymnastics
Dance
Volleyball
Fives
Rounders
Basketball

Assessments:

Oak pupils will be tested a minimum of 10 times during their time in Year 6. The assessments include balance, coordination & agility.



Rounders
(Striking & Fielding)
Teacher Led



Athletics
Emma Holding (PE Coach)



Football (Games – Invasion)
Emma Holding (PE Coach)



Chance to Shine Cricket
Striking & Fielding
Teacher Led



Summer
Term



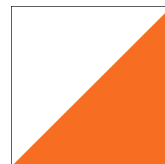
Dance to School: Ancient Greeks
Teacher Led



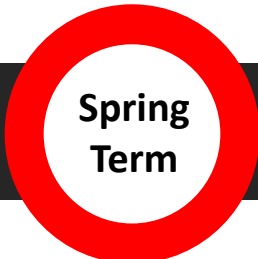
Tennis (Net & Wall)
Emma Holding (PE Coach)



Gymnastics (Matching & Mirroring)
Emma Holding (PE Coach)



OAA (Leadership)
Teacher Led PE



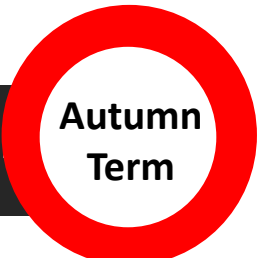
Spring
Term



Tag-rugby (Games - Invasion)
Emma Holding (PE Coach)



Swimming
Teacher Led PE



Autumn
Term



Swimming
Teacher Led PE



Netball (Games - Invasion)
Emma Holding (PE Coach)