

### Dear Families,

It has been lovely to see the days starting to get longer and I have very much enjoyed some journeys to and from school while it is still light. This often helps people to feel brighter with the promise of spring around the corner. This promise of longer days, and hopefully better weather, means that we will be able to make even more use of our outdoor spaces, learning in our social farm, eco allotment and Forest Schools area as well as enjoying the active learning that takes place throughout each of our days.

The **Active Schools** program aims to enhance access to sports and physical activities for our children, both before and after school. We prioritise physical and mental well-being within our curriculum. Encouraging healthy, active lifestyles is essential for emotional health, behaviour management, attendance improvement, and the development of vital skills like leadership, confidence, teamwork, and social interaction—skills crucial for our young learners' future success.

Throughout the day, we promote engagement in physical activity: Bright Start (Active Morning Club) kickstarts the day, a variety of after-school clubs offer a range of options, skipping and activity zones during breaks keep children energised, active learning during lessons maintains focus and engagement.

If you want to know more about our active schools work or any other aspect of sport at Longlands, please visit our [Twitter sport page](#) and the sport section of our [website](#).

Some of the children may have brought home leaflets about wellbeing. This is following a wonderful display created by Mrs Mazan and Mrs Talbot who are both Emotional Literacy Support Assistants. The leaflets are designed to support children with their feelings which is such an important skill for our children to have. This display also means that children are able to ask for someone to speak to if they have any worries.

Please can we ask all of our families to **check your email spam/junk folders** regularly as some of you have reported that our emails not being received when they are in spam folders. It would be helpful to add us to your safe sender list. Unfortunately, we cannot control our emails being blocked as this is down to email providers and/or your settings. If you continue to experience issues, please log into the ARBOR app and check your contact details are correct then let us know if the issue still persists so we can alert our IT team.

Please could I also remind **parents to only use the main gate**, where the car park is, to enter or leave the school during the school day, **between 9 am and 3 pm**. This is **to ensure pupil safety** as the playground and outdoor space is used by pupils throughout the day and we want to ensure that no child is able to accidentally leave the site.

Finally, the information leaflets are now available for the Easter HAF sessions. These will be running at Longlands on 25<sup>th</sup>, 26<sup>th</sup>, 27<sup>th</sup> and 28<sup>th</sup> March from 9:00am – 1:00pm. The sessions will include sports, art, music, games and much more.

You can book now via [info@4all.foundation](mailto:info@4all.foundation). Please book early as these sessions are increasingly popular.



*Lisa Millington*  
**Headteacher**

## This week at Longlands



### Happy birthday to:

Arianne	Rowan	Tilly	Maple
Maddison-Rai	Elm	Scarlotte	Beech
Addison	Acorns	Harper-Leigh	Saplings

## UPCOMING EVENTS

February	
28 <sup>th</sup>	Athlete Visit to Longlands: Chris Tawiah basketballer
29 <sup>th</sup>	Athletics competition (The team will receive a letter)
March	
5 <sup>th</sup>	Year 2 swimming
7 <sup>th</sup>	World Book Day
8 <sup>th</sup>	Biggest Session Ever – Girls' Football Day
11 <sup>th</sup>	EYFS Animal in Hands Workshop at Longlands
12 <sup>th</sup>	Year 2 swimming
13 <sup>th</sup>	Sportability Cricket (The team will receive a letter)
13 <sup>th</sup>	Parents' Evening
14 <sup>th</sup>	Parents' Evening
15 <sup>th</sup>	Red Nose Day - Comic Relief
18 <sup>th</sup>	Year 2 Chester Zoo trip
19 <sup>th</sup>	Year 2 swimming
21 <sup>st</sup>	Sport Festival (The team will receive a letter)
21 <sup>st</sup> -22 <sup>nd</sup>	Year 4 PGL residential
22 <sup>nd</sup>	Break up for Easter Holiday
w/b 25 <sup>th</sup> March and 1 <sup>st</sup> April	Easter Holiday

## STAR OF THE WEEK

Acorns	Harlow
Saplings	Elliott P
Fir	Matilda
Willow	Sophia
Maple	Ivy
Rowan	Jess C
Elm	Amber
Beech	Evie
Oak	Sam

