

NURSERY PE LEARNING JOURNEY



Dance to School (The Circus)
Teacher Led

Destination
EYFS



Ball Skills (Hands 1)
Teacher led



Summer Term



Additional challenge added to outside activities via specific tasks e.g., den building.



Dance to School (Toys)
Teacher Led



Gymnastics (High, low, over under)
Teacher led



Spring Term



Dance to School (Nursery Rhymes)
Teacher Led



Locomotion: walking
Teacher led

Autumn Term

Dough Disco intervention introduced for those with delayed fine motor skills.



FIR (EYFS) PE LEARNING JOURNEY



Dance to School (Transport)
Teacher led

Ball Skills: Rackets, Bats and Balls
Emma Holding (PE Coach)



Assessments:
Fir pupils will be tested a minimum of 10 times during their time in EYFS. The assessments include balance, coordination & agility.



Destination
Year 1



Attack and Defense: Games for Understanding
Teacher Led



Locomotion: jumping
Emma Holding (PE Coach)



Summer
Term

Dance to School (Seasons)
Teacher led



Ball Skills (Feet)
Emma Holding (PE Coach)



Gymnastics (Moving)
Emma Holding (PE Coach)



Spring
Term

Dance to School (Jungle)
Emma Holding (PE Coach)



Cool Kids Sensory Programme



Autumn
Term

Ball Skills (Hands 2)
Emma Holding (PE Coach)



WILLOW (YEAR 1) PE LEARNING JOURNEY



Locomotion: running
Emma Holding (PE Coach)

KS1 Competitions:

- Football
- Dodgeball
- Basketball
- Dance

- Cricket
- Hockey
- Athletics
- Gymnastics

Assessments:

Willow pupils will be tested a minimum of 10 times during their time in Year 1. The assessments include balance, coordination & agility.

Destination
Year 2



Dance to School (minibeasts)
Teacher Led



Ball Skills: Rackets, Bats and Balls
Emma Holding (PE Coach)



Attack and Defense: Games for Understanding
Teacher Led



Summer Term



Ball Skills (Hands 2)
Teacher Led

Locomotion: jumping
Emma Holding (PE Coach)



Dance to School (Pirates)
Teacher Led

Dance to School



Ball Skills (Hands 1)
Emma Holding (PE Coach)

Spring Term

Gymnastics (Body Parts/Wide, Narrow and Curled)
Emma Holding (PE Coach)



Team Building
Teacher led PE



Autumn Term

Health & Wellbeing
Teacher led PE



Ball Skills (Feet)
Emma Holding (PE Coach)



MAPLE (YEAR 2) PE LEARNING JOURNEY



Dance to School (Animals)
Teacher Led

KS1 Competitions:

- Football
- Dodgeball
- Basketball
- Dance

- Cricket
- Hockey
- Athletics
- Gymnastics

Assessments:

Maple pupils will be tested a minimum of 10 times during their time in Year 2. The assessments include balance, coordination & agility.

Destination
Year 3



Ball Skills: Rackets, Bats and Balls
Emma Holding (PE Coach)



Ball Skills (Hands)
Emma Holding (PE Coach)



Attack and Defense: Games for Understanding
Teacher Led

Summer Term



Locomotion: jumping
Emma Holding (PE Coach)



Swimming
Teacher led PE



Locomotion: dodging
Emma Holding (PE Coach)



Swimming
Teacher led PE



Spring Term



Dance to School (Fire of London)
Teacher Led



Team Building / Health & Wellbeing
Teacher led PE



Autumn Term

Gymnastics (Linking & Pathways)
Emma Holding (PE Coach)



Ball Skills (Feet)
Emma Holding (PE Coach)

ROWAN (YEAR 3) PE LEARNING JOURNEY



Y3 Competitions:

Football
Dodgeball
Cross Country

Tennis
Gymnastics
Dance

Assessments:

Rowan pupils will be tested a minimum of 10 times during their time in Year 4. The assessments include balance, coordination & agility.

Destination
Year 4



Swimming
Teacher Led PE



Athletics
Emma Holding (PE Coach)



Swimming
Teacher Led PE



Summer
Term

Dance to School (Around the World)
Teacher Led



OAA (Orienteering)
Emma Holding (PE Coach)



Dodgeball (Games - Invasion)
Emma Holding (PE Coach)

Read the Game (Football)
Coach Neal



Spring
Term

Invasion Games (Hockey)
Teacher Led



Striking & Fielding (Cricket)
Teacher Led PE



Autumn
Term

Gymnastics (Symmetry & Asymmetry)
Emma Holding (PE Coach)



Net & Wall (Tennis)
Emma Holding (PE Coach)

ELM (YEAR 4) PE LEARNING JOURNEY



Read the Game (Football)
Coach Neal

Y4 Competitions:

Football
Dodgeball
Cricket
Hockey

Tennis
Gymnastics
Dance
Basketball

Assessments:

Elm pupils will be tested a minimum of 10 times during their time in Year 4. The assessments include balance, coordination & agility.

Destination
Year 5



Swimming
Teacher Led PE



Athletics
Emma Holding (PE Coach)



Swimming
Teacher Led PE



Summer Term

Invasion Games (Basketball)
Teacher Led



OAA (Orienteering)
Emma Holding (PE Coach)



Dodgeball (Games - Invasion)
Emma Holding (PE Coach)



Invasion Games (Hockey)
Teacher Led

Spring Term

Dance to School (Egyptians)
Teacher Led



Striking & Fielding (Cricket)
Teacher Led PE



Autumn Term

Gymnastics (Bridges)
Emma Holding (PE Coach)



Net & Wall (Tennis)
Emma Holding (PE Coach)

BEECH (YEAR 5) PE LEARNING JOURNEY



Athletics
Teacher Led



Y5 Competitions:

Football
Dodgeball
Swimming
Table Tennis
Hockey
Netball
Cricket

Tennis
Gymnastics
Dance
Volleyball
Fives
Rounders
Basketball

Assessments:

Beech pupils will be tested a minimum of 10 times during their time in Year 6. The assessments include balance, coordination & agility.

Destination
Year 6



Games – Invasion (Football)
Emma Holding (PE Coach)



Striking & Fielding - Rounders
Teacher Led



Games – Invasion (Tag-Rugby)
Emma Holding (PE Coach)



Summer Term

Dance to School (World War 2)
Teacher Led



Dance to School



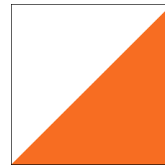
Net & Wall (Tennis)
Emma Holding (PE Coach)



SCHOOL GAMES
PLATINUM
2021/22 - 2022/23



Gymnastics (Counterbalance & Counter Tension)
Emma Holding (PE Coach)



OAA (Orienteering)
Teacher Led PE

Spring Term

Dodgeball (Games - Invasion)
Emma Holding (PE Coach)



Swimming
Teacher Led PE



Autumn Term

Swimming
Teacher Led PE



Netball (Games - Invasion)
Emma Holding (PE Coach)

OAK (YEAR 6) PE LEARNING JOURNEY



Athletics
Teacher Led



Y6 Competitions:

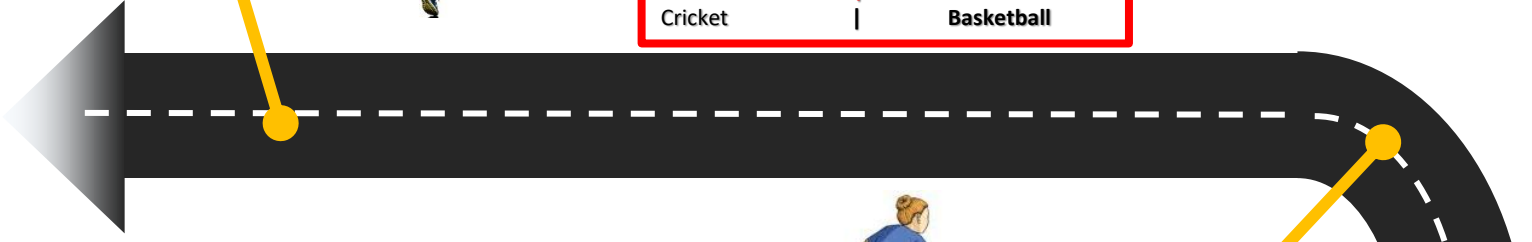
- Football
- Dodgeball
- Swimming
- Table Tennis
- Hockey
- Netball
- Cricket

- Tennis
- Gymnastics
- Dance
- Volleyball
- Fives
- Rounders
- Basketball

Assessments:

Oak pupils will be tested a minimum of 10 times during their time in Year 6. The assessments include balance, coordination & agility.

Destination
Year 7



Games – Invasion (Tag-Rugby)
Emma Holding (PE Coach)



Games – Invasion (Football)
Emma Holding (PE Coach)



Striking & Fielding - Rounders
Teacher Led



Summer Term

Dance to School (Ancient Greeks)
Teacher Led



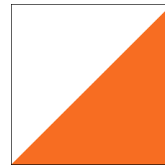
Dance to School



Net & Wall (Tennis)
Emma Holding (PE Coach)



Gymnastics (Matching & Mirroring)
Emma Holding (PE Coach)



OAA (Orienteering)
Teacher Led PE

Spring Term



Dodgeball (Games - Invasion)
Emma Holding (PE Coach)



Swimming
Teacher Led PE



Autumn Term



Swimming
Teacher Led PE



Netball (Games - Invasion)
Emma Holding (PE Coach)