

LONGLANDS PRIMARY SCHOOL

EYFS: Suggested PSHE

Additional lessons can be added in response to topical issues from the class, community or wider world.

EYFS	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Year A & B	<ul style="list-style-type: none"> • Rights and responsibilities/Class charter • School council • Ready to learn • Personal Hygiene 	<ul style="list-style-type: none"> • Children in Need • Anti-bullying week • Eat better (3 lessons) <ul style="list-style-type: none"> - Everyday foods vs sometimes foods - Plan a picnic - Fruit/veg tasting 	<ul style="list-style-type: none"> • Different people - different skin colour, different countries, different traditions. • Recognise and name good and not so good feelings • Strategies for managing feelings 	<ul style="list-style-type: none"> • E-Safety • Stranger Danger • Comic/sports relief 	<ul style="list-style-type: none"> • Road safety • Railway safety • Water safety • Fire safety 	<ul style="list-style-type: none"> • Animals and their young • Stages of growth: from baby to elderly. • When I grow up

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KS1: PSHE

Additional lessons can be added in response to topical issues from the class, community or wider world.

Year 1/2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	<ul style="list-style-type: none"> • Rights and responsibilities/Class charter • School council • Ready to learn • Personal Hygiene 	<ul style="list-style-type: none"> • Children in Need • Anti-bullying week • E-Safety week x2 • Bike safety 	<ul style="list-style-type: none"> • Recognise and name good and not so good feelings • Strategies to deal with their feelings • Feel positive about themselves • Eat better (4 lessons) <ul style="list-style-type: none"> -Sorting foods -Food plate -Create fruit salad • -Plan a meal/going to a cafe 	<ul style="list-style-type: none"> • Comic/sports relief • Stranger Danger • The difference between secrets and surprises • Rights over body • Responsibility to accept no 	<ul style="list-style-type: none"> • Road safety • Railway safety • Water safety • Fire safety 	<ul style="list-style-type: none"> • RSE <ul style="list-style-type: none"> - Choices & challenges - Changes(2/3 lessons) - Care and commitment • What I have achieved
Year B	<ul style="list-style-type: none"> • Rights and responsibilities/Class charter • School council • Ready to learn • My hobbies /belonging to groups 	<ul style="list-style-type: none"> • Children in Need • Anti-bullying week • Who helps us? • Learning about money • Money is earned by doing a job 	<ul style="list-style-type: none"> • E-Safety week • Technology pros/cons • My friends and I, how we are similar but unique • What is friendship • Managing friendship 	<ul style="list-style-type: none"> • Comic/sports relief • Illness and accidents • Medicines • Household chemicals (kitchen/garage/shed/ bathroom) 	<ul style="list-style-type: none"> • Move more (3 lessons) <ul style="list-style-type: none"> - Agility - Hand-eye coordination - Spatial awareness 	<ul style="list-style-type: none"> • RSE <ul style="list-style-type: none"> - Choices & challenges - Changes(2/3 lessons) - Care and commitment • What I have achieved

• See Shropshire Respect Yourself folder for lesson plans

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KS2-Years 3&4: PSHE

Additional lessons can be added in response to topical issues from the class, community or wider world.

Year 3/4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Year A	<ul style="list-style-type: none"> • Rights and responsibilities/Class charter • School council • Ready to learn • Democracy • Personal Hygiene 	<ul style="list-style-type: none"> • Children in Need • Anti-bullying week • Eat better (4 lessons) <ul style="list-style-type: none"> - Sorting foods - You are what you eat - Five a day - Looking after my teeth 	<ul style="list-style-type: none"> • E-Safety week • Internet safety x2 • Racism x2 	<ul style="list-style-type: none"> • Comic/sports relief • Friendships • Conflict and causes • Recognising and acknowledging emotions in difficult situations 	<ul style="list-style-type: none"> • Move more (3 lessons) <ul style="list-style-type: none"> -Agility - Hand-eye coordination -Spatial awareness • Emergencies <ul style="list-style-type: none"> - Who are the emergency services and what is their role? - What makes a situation serious or unsafe? - Taking action 	<ul style="list-style-type: none"> • RSE <ul style="list-style-type: none"> - Choices & challenges - Changes(2/3 lessons) - Care and commitment • What I have achieved
Year B	<ul style="list-style-type: none"> •Rights and responsibilities/Class charter •School council •Ready to learn •Why save money? How? Where? •Media influences shopping/advertising 	<ul style="list-style-type: none"> • Children in Need (So M) • Anti-bullying week • Family networks • Celebrating differences • Challenging stereotype 	<ul style="list-style-type: none"> • Peer influences • Positive and negative • Teasing and name calling coping strategies • Self-image • Future me 	<ul style="list-style-type: none"> •E-Safety week •Comic/sports relief •Personal safety <ul style="list-style-type: none"> -Road safety - Railway safety - Water safety - Fire safety - Rights over body - Responsibility to accept no 	<ul style="list-style-type: none"> • Medicines and other substances • Safe and unsafe • Alcohol and tobacco • Effects and implications <p>*See files in staffroom*</p>	<ul style="list-style-type: none"> • RSE <ul style="list-style-type: none"> - Choices & challenges - Changes(2/3 lessons) - Care and commitment • What I have achieved

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KS2-Years 5&6: PSHE

Additional lessons can be added in response to topical issues from the class, community or wider world.

Year 5/6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Year A	<ul style="list-style-type: none"> • Rights and responsibilities/Class charter • School council • Ready to learn • Personal Hygiene • The work of parliament 	<ul style="list-style-type: none"> • Children in Need • Anti-bullying week • Eat better (4 lessons) <ul style="list-style-type: none"> -Food groups -Importance of food and nutrients -Food plate and plan a meal -Plan a packed lunch 	<ul style="list-style-type: none"> • Friendships • Peer influences • Coping with pressure • Personal responsibility • Social responsibility 	<ul style="list-style-type: none"> • Comic/sports relief • E-Safety week • Media bias • How reliable is information on the internet? • Media influence 	<ul style="list-style-type: none"> • Personal safety <ul style="list-style-type: none"> -Road safety - Railway safety - Water safety - Fire safety - Rights over body - Responsibility to accept no 	<p>RSE</p> <p>Year 5</p> <ul style="list-style-type: none"> • Choices & challenges • Changes (5 lessons) • Care and commitment <p>YEAR 6</p> <p>Respect Yourself transitional programme (5 lessons)</p>
Year B	<ul style="list-style-type: none"> •Rights and responsibilities/Class charter •School council •Ready to learn •What positively and negatively affects our physical, mental and emotional wellbeing? 	<ul style="list-style-type: none"> • Children in Need • Anti-bullying week • Emergencies <ul style="list-style-type: none"> - What makes a situation serious or unsafe? - Taking action - Preparing for emergencies 	<ul style="list-style-type: none"> • Learning about money • Employment • How does learning help? • Making the most of me 	<ul style="list-style-type: none"> •E-Safety week •Comic/sports relief • Move more (3 lessons) <ul style="list-style-type: none"> -Agility - Hand-eye coordination - Spatial awareness 	<ul style="list-style-type: none"> • Alcohol, tobacco and solvents • Law related to alcohol, tobacco and solvents <p>*See files in staffroom*</p>	<p>RSE</p> <p>Year 5</p> <ul style="list-style-type: none"> • Choices & challenges • Changes (5 lessons) • Care and commitment <p>YEAR 6</p> <p>Respect Yourself transitional programme (5 lessons)</p>

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